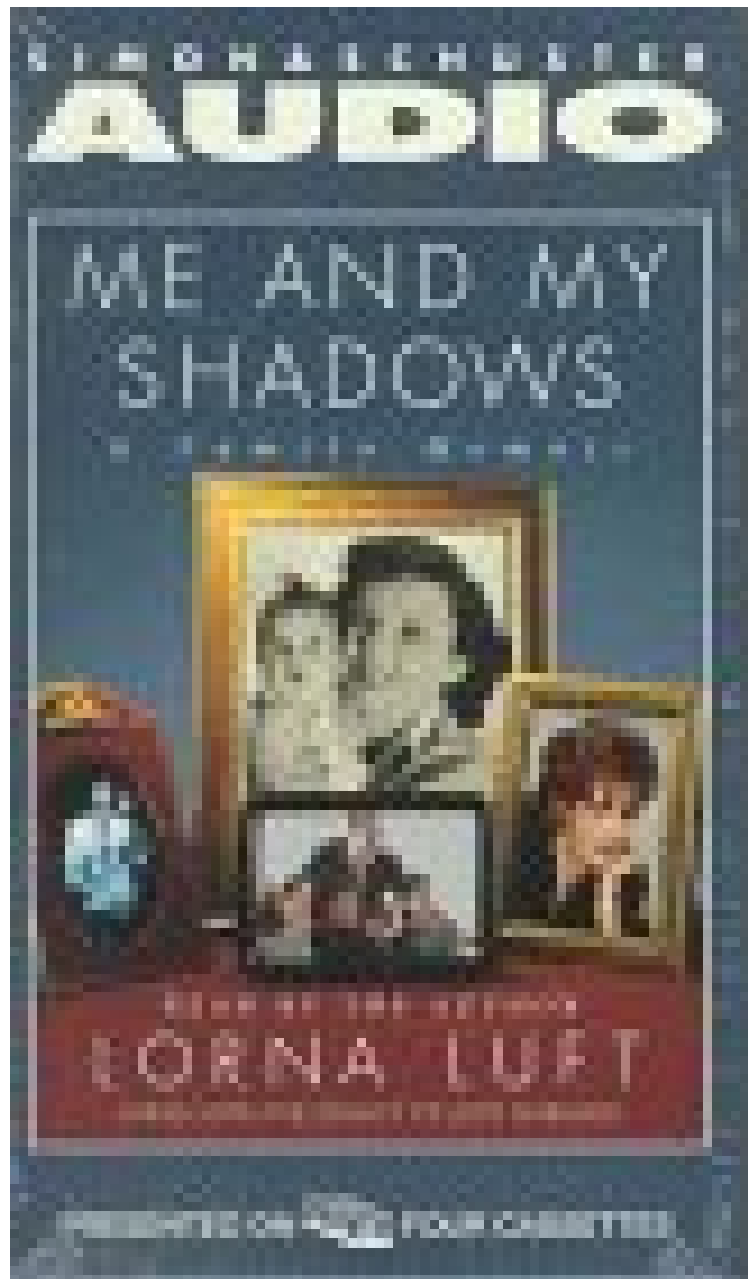


(Mobile library) ME AND MY SHADOWS: A Family Memoir

## ME AND MY SHADOWS: A Family Memoir

Lorna Luft

*\*Download PDF / ePub / DOC / audiobook / ebooks*



DOWNLOAD



READ ONLINE

#2260675 in Books Simon n Schuster 1998-05-01 Formats: Audiobook, Abridged Original  
language: English PDF # 4 1.20 x 4.12 x 7.09l, Running time: 270 minutes Binding: Audio Cassette | File size:  
64.Mb

**Lorna Luft : ME AND MY SHADOWS: A Family Memoir** before purchasing it in order to gage whether or not it would be worth my time, and all praised ME AND MY SHADOWS: A Family Memoir:

5 of 5 people found the following review helpful. Not the greatest, but still worth reading. By Mia83I haven't finished reading the book yet, but I'm more than half-way through. I've read other memoirs and autobiography's similar to this, and while I wouldn't say it's the greatest thing ever, it is still worth reading. It saddens me that others have compared this book to "Mommie Dearest" and I feel that is far from the truth. Yes, she exposes that her mother had a serious prescription drug problem, but she points out that her addiction is genetic AND at the time when her mother was alive they didn't know how to help people deal with addiction. They could get you clean, but they couldn't keep you clean. Another thing to keep in mind that this is from Lorna's point of view. When Liza is ready she will write her own book and give her perspective. Once again keep in mind that there is a seven year age difference and Lorna and her brother Joey were around their mother a lot more than Liza during all of this because their mother had sole-custody of them and by the point Judy was getting seriously ill, Liza was an adult living on her own. I do recommend this book to anyone interested in knowing more about Judy, but if you're looking for Dorothy you're sadly mistaken. This is Judy Garland, a real person who had demons that over-took her career and eventually her life. I personally have more respect for Judy Garland, but also sadness for her because she was such a HUGE talent, but at the end of the day she was still human. If anything Judy Garland is just one of many stars we've seen that have been over-taken with trying to stay #1 and please everyone and the pills won in the end. Elvis, Michael Jackson, Whitney Houston just to name a few that just like Ms. Garland tried to keep up with the hype and fell hard in the end. 0 of 0 people found the following review helpful. An Inspirational Biography By BibleGirlI really enjoyed this book I think I read it in one sitting. What initially caught my interest in the book was that she's Judy Garland's daughter. I enjoyed Lorna's performance in Grease 2 and didn't realize she was Judy's daughter when I saw the movie. What kept me interested in the book is I appreciated the writing style, her candor and honesty about her life and observations. I also could relate to her struggles living with an alcoholic, being the child of an addict and overcoming codependency. It was an inspirational book for me for those reasons. I highly recommend this book. 0 of 0 people found the following review helpful. Second Read By Anthony R. Ptak Read this book when it first came out, second time finished today, and it's still a great book. First published in 1998, am hoping for a second book soon.

Lorna Luft, Judy Garland's "other" daughter and Liza Minelli's sister, reads her memoir. It is the story of her family's legacy of incredible talent, deep love, and self-destructive behavior.

From Booklist Luft, often identified as Judy Garland's "other daughter," steps center stage to describe what life was like as the child of an icon. For the first nine years of her life, Luft was protected from the vagaries of her mother's prescription-drug abuse and downward-spiraling mental health. But after her parents' divorce, Luft found herself in the role of chief cook and bottle washer--in charge of cleaning up her mother's messes. The horror stories from this period include breakdowns, breakups with almost everyone who was close to Garland, paranoia, and even knife-wielding episodes in which Garland went after her young son. After Luft had her own breakdown at 16, she left her mother's home and never saw Garland alive again. Despite all the horror, Luft is kind to her mother's memory, seeing the star as sick, not evil, and remembering all the many loving times shared between mother and daughter. Sister Liza Minelli doesn't fare quite as well. Although Luft has many nice things to say about her, Liza's drug abuse has left the pair estranged. Oh, yes, Luft had her own life, too, but not unexpectedly, her affairs with even the likes of Burt Reynolds and Barry Manilow and her own drug problems don't make for nearly as fascinating reading as her tales of Judy and Liza. Dishy--and sure to be popular. Ilene Cooper From Kirkus sBreathless writing, tight structure, and an endless A-list of stars make this memoir by the younger Garland daughter a movie fan's parfait. Daughter of Garland and businessman Sid Luft, Lorna writes this book neither to glorify nor to vilify her family, but to tell "a truer . . . story" about "a group of people who grew up in the public eye and got through it all the best way they could." Thankfully, understatement ends there. Beginning with Frances Gunn's first steps onstage at age two and ending with her daughter Lorna's happy second marriage, the book is rife with dramatic events. Skillfully divided into two parts life with Mama, life after her death it details Garland's decades-long chemical dependency (including her first studio-sanctioned Benzedrine) and Lorna's early life as her caregiver, her emotional swings, and especially her great love for her two daughters and her son, Joe. Lorna also charts Garland's hard-won sobriety and attempts to bring Liza to detoxification programs. Throughout, the book brims with famous friends: Uncle Frank Sinatra, girlfriend's parents Bogart and Bacall, JFK and his sweet-voiced wife Jackie, early love Barry Manilow. Everything is presented in a pleasingly sustained voice that blends once-stylish phrasings, self-help lingo, and quirky if awkward locutions to create a linguistic world in which "damn straight," "dysfunctional," and the kooky line "For every camel, there's a last straw, and there was for me" coexist. It also suits the writer, for as she presents herself by turns mature, facile, feeling, and gracious she is a '90s everywoman, the person you'd see yourself being if you had been the child of a troubled movie legend. Confessional yet affectionate, this grants weight and closure to an overdiscussed film family. (16 pages bw photos, not seen) (Literary Guild selection; author tour; TV satellite tour; ABC-TV miniseries) -- Copyright 1998, Kirkus Associates, LP. All rights reserved. USA Today Remarkable. People Unsensational... heartfelt. Baltimore Sun A remarkable candid memoir... Luft's own life is testament to her resilience. Marlee Matlin I couldn't put it down until the

last page. Bravo to Lorna for having the courage to break the silence about the pain, laughter, and tears. New York Post  
A loving memory of growing up in a dysfunctional household. Dallas Morning News Entertaining...a clear-eyed but  
loving account of the adored mother she lost. Newark Star Ledger Other biographies have documented Garland's  
spectacular descent, but this is the first view from inside the tornado...Harrowing. Houston Chronicle The first  
gripping, factual account of the life and times of the late, great Judy Garland and her children.